



# The Black Sheep™

PUB & RESTAURANT

## Starters



### FISHCAKES 14.99

Fresh Pacific rockfish rolled in panko & deep fried with shoe-string potatoes & lemon aioli

### ❏ WELSH RAREBIT 9.99

Guinness cheese spread spread over thick toast slices served with tomato gratin

### ❏ FRIED CAULIFLOWER FLORETS 12.99

Fresh Cauliflower Florets fried in a spiced chili Parmesan batter and served with bleu cheese dip

### ❏ BLISTERED SHISHITO PEPPERS 12.99

Crisp peppers sautéed with ginger, garlic, sesame seeds served with Chipotle mayo

## Smackerels & Pub Grub

### SCOTCH EGG 14.99

Soft boiled egg wrapped in house sausage with Coleman's spicy English mustard on lemon greens with tomato

### ❏ HOUSEMADE MAC N' CHEESE 17.99

Elbow macaroni, aged Tillamook white cheddar, Parmesan cream sauce.

Add Bacon +2      Jalapeno +2

### ❏ MASH & PEAS 8.99

Browned horseradish mashed potatoes, green peas

Add Mushroom Gravy +2.49

### ❏ CHIPS & MALT VINEGAR 7.99

Fresh hand-cut potatoes, deep-fried, malt vinegar, organic ketchup

Customize:

Tartar Sauce +.99/1.99

Bacon +2.00

Stilton-Blue Cheese Dressing

Cheddar Cheese +1.99

Housemade Spicy Vinegar

+.99/1.99

Fresh Garlic +.99

+.99/1.99

Chipotle Aioli +.99/1.99

Mushroom Gravy +2.49

Truffle Salt +.99

## Traditional Recipes

### BANGERS & MASH - 18.99 Add Mushroom Gravy +2.49

Grilled Taylor's British sausages, browned horseradish mashed potatoes, green peas, stone-ground mustard.

### FISH & CHIPS - 18.99

Fresh Pacific rockfish dipped in beer batter, deep-fried to a golden crisp, hand-cut chips, green peas, malt vinegar, homemade tartar sauce

### SHEPHERD'S PIE - 18.99

A traditional dish of ground sirloin, fresh herbs, browned horseradish mashed potatoes, carrots

### ❏ FORAGER'S PIE - 17.99

Tofu, toasted walnuts, fresh herbs, mushroom gravy, browned horseradish mashed potatoes, peas

### COCONUT CASHEW CURRY BENTO BOWL - 15.99

Rice pilaf & kale topped with coconut cashew, curry sauce - regular or spicy

Customize:

House Marinated Tofu +3

Chicken +6.49

RockFish +6.49

"Never make an excuse for going to the pub, save it for leaving."

Benny Bellamacina, Philosophical Uplifting Quotes and Poems

WiFi Password: Ibravedthestairs

To Order Online go to: [OrderTheBlackSheep.com](http://OrderTheBlackSheep.com)

❏ - Vegetarian   - Vegan   - Gluten Free

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## 🇬🇧 Burgers & Sandwiches 🇬🇧

**THE CONUNDRUM** (possibly 🌱🥯 depending on your wise choices)

What a riddle...grilled tofu, boneless chicken breast, beef, marinated tofu or fresh rockfish? Grilled or blackened? Chips or salad? Bun or lettuce wrap? Whatever you decide, you'll savour every morsel of the finest sandwich in town! All served on fresh baked bread with tomato, onion, lettuce, the appropriate sauces & pickle. The Earl would be proud.

### Pick a Protein

🌱 Marinated Tofu 16.49	Boneless Chicken 18.99	PNW Beef Patty 19.99	Fresh Rockfish 18.99
Dijon Mustard & Mayo	Dijon Mustard & Mayo	Dijon Mustard & Mayo	Housemade Tarter

### Pick Your Extras

Artisan Cheese +1.49	Bacon Slices+1.99	Chipotle Aioli +.99/1.99
Cheddar, Stilton-Blue, Dubliner or Vegan Mozzarella-Cheddar	Blackened +.99	Fried Egg +1.99

## 🇬🇧 Homemade Soup & Garden Salads 🇬🇧

**MUM'S HOMEMADE SOUP DU JOUR 5.99/Cup, 9.99/Bowl**

### 🌱🥯 THE SUBSTANTIAL SALAD 17.99

Fresh field greens, tomatoes, cucumbers, mushrooms, carrots and garlic croutons with a choice of:

#### Pick Your Extras

- Chicken Breast (Grilled or Blackened)
- Rockfish (Grilled or Blackened)
- 🌱 Grilled Marinated Tofu

#### Pick Your Dressing

- 🌱🥯 Balsamic Vinaigrette
- Stilton Blue-Cheese
- Thousand Island

### 🌱🥯 MARKET SALAD 9.99

Fresh field greens, tomatoes, cucumbers, garlic croutons, balsamic-vinaigrette or Stilton-blue cheese dressing on the side

## 🇬🇧 Cornish Pasties 🇬🇧

The traditional meal of Cornwall, this a pasty has a delicate flaky crust curled around a delicious filling.

Served on a bed of lemon greens & tomato

Please allow 15 minutes to bake!

<b>BEEF</b>	<b>14.99</b>	<b>🌱 VEGETABLE</b>	<b>13.99</b>
Minced steak & veg		Seasonal veg with Tillamook cheddar	

"The water was not fit to drink. To make it palatable, we had to add whisky.  
By diligent effort, I learnt to like it."  
-Sir Winston Churchill

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## 🇬🇧 Sweets & Puddings 🇬🇧

- ❖ **MUM'S VANILLA BREAD PUDDING 8.99**  
Close your eyes & drift back to your youth with this dishy pudding served warm with custard bourbon & strawberry sauces
- ❖ **BLACK SHEEP LAVA CAKE 11.99**  
A decadent chocolate cake with a gooey center served on a bed of housemade strawberry sauce. Baked to order so allow 20 minutes to create
- ❖ **HOUSE-MADE ICE CREAM 7.99**  
Bailey's Irish Cream or weekly special ice cream with Guinness stout chocolate sauce
- ❖ **FRESH BAKED SCONES 6.5**  
With homemade clotted cream, housemade jam.
- ❖ **OLD-FASHIONED ROOT BEER FLOAT 9.99**  
Henry Weinhard's root beer, homemade Bailey's Irish Cream ice cream

## Nonnies

In the ye olde days of 1530, bards found there were some things you just could not say in polite company. Thus to cover indelicate allusions, they began to use the word Nonny. Our Nonnies are immaculate concoctions - zero proof "lie-bations" lovingly created by our bartenders for every liquid gourmand.

### NONNIE OF THE DAY 9.99

Ask your server about today's concoction guaranteed to be made with housemade syrup, fresh fruit and something else wonderful in a 20 ounce glass.

## Soft Drinks

*EMBOSSED STAINLESS STEEL STRAW WITH BRUSH 3*

*-OR- STRAW, SILICON HOT TIP, BRUSH & BAG 5*

### A NICE POT OF TEA 4.25

*Caffeinated:* Earl Grey, English Breakfast, Orange Spice, Green Tea,

*Decaf Black Tea:* Earl Grey

*Herbal:* Chamomile, Cinnamon Apple Spice, Red Raspberry, Peppermint

### SPECIAL-TEA 4.75

Chose a pot of Murroughs Welsh Brew or Taylor's of Harrogate Yorkshire Tea

**FRENCH PRESS COFFEE 3.99 (12oz)/7.99 (34 oz) featuring GOODBEAN COFFEE**

**HOT CHOCOLATE 3.99**

**HOT SPICED APPLE CIDER 3.99**

**FRESH BREWED ICED TEA 3.99**

**JUICE 3.99 (8 oz)/5.99 (12 oz)/9.99 (20 oz) - Orange, Grapefruit, Cranberry, Pineapple or V-8**

**SODA POP 3.99 - Coca-Cola, Diet Coke, Sprite, Ginger Ale or Lemonade**

**SAN PELLEGRINO - MINERAL 4.49 ARANCIATA 4.25 LIMONATA 4.25**

**HENRY WEINHARD'S ROOT BEER or VANILLA CREAM SODA 3.99**

**CALDERA GINGER ALE 3.99**

**RED BULL 6.49**

"Yet a gentleman may not keep a public house; may he? said I. 'Not on any account,' returned Herbert; 'but a public-house may keep a gentleman..."  
- Charles Dickens, Great Expectations